

RECETAS

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Deliverable D1.2, 1st Kick-Off Meeting Report 5.5.21

Project Acronym	Grant Agreement #	Project title
RECETAS	945095	Re-Imagining Environments For Connection and Engagement: Testing Actions for Social Prescribing in Natural Spaces

Nature	Dissemination level	Leading institution
Report	Public	ISGlobal



DELIVERABLE REFERENCE NUMBER AND TITLE	D1.2, 1st Kick-Off Meeting Report
LEADING BENEFICIARY	ISGlobal
NATURE	Report
DISSEMINATION LEVEL	Public

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1. Introduction

The RECETAS project started on 1st March 2021. To build on the proposed objectives and tasks in the project, the consortium had an initial Kick-off meeting, the 12-13th April 2021. This report contains the main aspects discussed in the meeting and next steps to begin the project implementation.

2. Notes from the Kick-off meeting

Summary of presentations

Day 1

<i>Opening remarks: the year ahead and goals for this Consortium</i>
J. Litt, RECETAS Project Director <ul style="list-style-type: none">● RECETAS overview, goals for the consortium and the project that lies ahead● Objective 1: Understand the patterns and experience of loneliness and NBS/GI to address it in cities● Objective 2: Develop and assess novel, participatory, viable, and cost-effective solutions● Objective 3: Amplify the implementation of novel solutions worldwide
<i>(all partners introduced their teams and their role in RECETAS)</i>
<i>Invited Session: Planetary health perspective in a health insurance company: beyond CO2 and planting trees</i>
M. Pahissa, DKV Seguros <ul style="list-style-type: none">● Environmental impact on human health, corporate leadership in environmental crisis, Green business in 21st century, reviewed.● Opportunity to expand health solutions, introducing the environmental variable, to prevent diseases and improve people's lifestyles.● Nature prescriptions development at DKV, a health insurance provider● The foundation of this work is interdisciplinarity

Day 2



Invited session: What is Network Science?

D. Varda, Visible Network Labs

- Overview of social network analysis and why it's important in this project
- How the Partner survey will link providers and patients with community resources by visualizing partnerships, tracking how and why partners are engaging, measuring perceptions of value and trust among partners, identifying resources leveraged among partners, identifying gaps and opportunities

WP1 overview: Project Management: RECETAS governance structure, consortium agreement, meeting plans, and financial reporting

J. Litt, A. Sachs, ISGlobal

- Overview of WP1 was discussed, the administrative arm leading RECETAS.
- Governance structure was discussed, and it was proposed to form two separate committees to guide the work.
 - **Steering Committee** will be the ultimate decision-making body of the consortium, includes all consortium partners, meets monthly in Year 1 and schedule revisited after Year 1, Attendance optional for non-Executive Board members
 - **Executive Board (Proposed):** Supervisory body for the execution of the Project, will report to and be accountable to the Steering Committee, Representatives include WP leaders, staffed by management support team (project manager, staff assistants), required attendance at monthly Steering Committee meetings
- In addition, the External Advisory Board was discussed, who will monitor the scientific progress of the project, provide comments and guidance on important decisions for the project and other issues as they arise.
- Status of Consortium Agreement reviewed, a second version will be sent this week for review
- Upcoming deliverables and reporting periods reviewed, contact information was collected of the financial coordinators at each partner site
- A poll was circulated to select the date for the first Steering Committee meeting in late May where we will assess the newly proposed governance structure, review publication policy, and financial reporting.

WP3 overview: Co-create NBSP menu and test intervention feasibility



G. Garcia, University of Cuenca

- WP3 aims to co-create NBSP Menu using participatory methods (with 6 partner cities), refine NBSP intervention design, develop indicators and monitor and compare results across sites, ensure the feasibility of the NBSP menu and intervention protocols to
- inform the testing in WP4.
- Very interested in a “bottom up” approach engaging key stakeholders via participatory workshops
- Two consortium video training workshops will be held to communicate indicator framing and selection, fostering dialogue about the structures of the menus and discuss alternatives for indicators where there is not agreement.
- The results from the feasibility studies will be shared with the local actors in workshops to provide opportunities to discuss other difficulties, suggestions, or improvements that could be implemented in the NBSP intervention and prior to the testing phase in WP4.

WP4 overview: Evaluate NBSP through intervention studies

L. Coll-Planas, FSIE-UAB

- **Main objectives:**
- Design the protocol for conducting the NBSP interventions in six cities
- Demonstrate the feasibility of recruitment, adherences to the intervention and ability to perform study procedures in each intervention site with a feasibility study to inform definitive studies
- Provide evidence on the efficacy of SP as a non-medical socio-environmental intervention to impact primary and secondary outcomes at the three time points across different contexts (i.e., for each study)
- Assess the implementation, context and mechanisms of impact through the process evaluation to support the interpretation of impact results.
- 3 RCT's (316 participants), 3 pre-post intervention studies (200-225 participants)- with impact evaluation, process evaluation, & mixed methods

WP5 overview: Evaluate the benefit-harm and cost-effectiveness of NBSP strategies

U. Rochau, UMIT

- **Main objectives:**
- Provide an overview on the state-of the art and current research in social value and cost-effectiveness analysis of NBSP interventions applying a mathematical, decision-analytic model
- Translate health outcome measures applied in the pragmatic trial into society-relevant outcomes to be included in the analysis of social value and cost effectiveness



- Perform a health-economic cost study to assess resource utilizations and costs affected by NBSP
- Perform a benefit-harm and cost-effectiveness analysis along the trials based on the follow-up period of the trials
- Develop the structure of a decision-analytic model to evaluate the benefit-harm and cost-effectiveness relation of the NBSP strategies evaluated in the pragmatic trial
- Populate the decision-analytic model with data directly from the pragmatic trials as well as from published literature and national databases and generate a flexible decision tool
- Assess the benefit-harm-cost relation by using the decision-analytic model
- Develop guide for decision making and deriving health policy recommendations regarding NBSP
- **Expected outcomes:** Comprehensive, systematic evaluation of the shortterm as well as long-term impact of the NBSP strategies investigated in RECETAS, Health policy recommendations for health policy decision makers and the general population as well as for health professionals

WP6 overview: Translation of evidence for decision making and local action: communication and dissemination

A. Cucchiaro, AViTeM

- WP 6: One package for communication and dissemination (CD) activities
- **Reminders:**
- Each partner will deliver quarterly reports on local communication activities to the CD coordinator
- Each partner is responsible for the translations of CD materials into local language (articles, flyers, newsletters...)
- Each partner needs to contribute to general communication activities (social networks, articles...)
- All project materials must include the RECETAS logo & the EU emblem + EU funding acknowledgement

VNL workshop on WP2 & partner survey

A. Beacom, VNL

- Reviewed VNL team and their collaborative approach to network evaluation
- **Key objective:** For each of the six RECETAS sites, identify policies and stakeholders in the municipal ecosystem for NBS, NBSP, and GI to reduce loneliness, and characterize these stakeholder networks
- Phase 1: Literature scan, interviews, and pilot survey
- Phase 2: Collect survey data from community stakeholders in 6 cities
- General discussion: how do we define NBSP?
- Will create repository of common documents to share- share interview questions, survey questions



- Request to contribute collectively list of stakeholders

WP8 overview: Ethics Requirements

J. Porcel, ISGlobal

- Reminder: Ethics appraisals concern all H2020 funded activities
- Upcoming ethical deliverables reviewed
- RECETAS will need to prepare for unscheduled ethics checks by the commission
- How to manage ethics requirements:
 1. Keep information (documents / approvals, etc) on file
 2. Information must be submitted in a clear and structured way
 3. Inform WP1 team about any change (DPO name, change in committees, etc)

WP7 overview: Exploitation and commercialization

P. Garbarino, Aketh/ J. Kenley, Cambridge Investments

- **WP7 Objectives:**
 1. Translate RECETAS' goal to deliver NBSP in a cost-effective way to national health systems, private insurers and citizens into a commercially and socially viable solution
 2. In order for NBSP to function properly and exist well beyond the lifespan of the grant, a digital platform will be needed to facilitate, evaluate, and support the use of NBSP, as part of a more comprehensive business strategy to attract third party funding
 3. We will conduct an analysis of the business viability of potential ventures, whilst evaluating the different operational structures that could apply the research findings
 4. The ultimate deliverable: Business Plan which considers IPR Strategy and the Digital Platform prototype
- Upcoming ethical deliverables reviewed
- There was a general discussion on what resources we can use within our network, and if there are students who could be interested in participating in the business side of the project.
- Reminder: General obligation to maintain confidentiality in project to protect results, and that NETWORK EFFECTS generated by the RECETAS platform will largely determine the commercial and scientific success of the Project.

Consortium communication

C. Daher, ISGlobal/ A. Sachs, ISGlobal

- 5 main channels of RECETAS internal communication reviewed: Zoom, Slack, RECETAS email, Google Drive – document storage and submission, meetings in person



- Reviewed how each channel will serve RECETAS
- Introduced Slack, brief demo

Closing

- Will follow up send pdf of slides, send transcript and recordings from both days, and a poll for 1st Steering Committee Meeting
- We need members’ financial coordinator contact information, for all to sign up for our Slack Workspace

Overall / Take-home messages

Key points discussed (content of the project)

- **This was a community building effort to get to know each other better and review the structure and direction of the RECETAS project**
- **Important to develop common vocabulary, terms and definitions**
 - “Nature Based Social Prescription” - No definition imposed, keep it large to see how evolve in future.
- **What does RECETAS mean to each partner?**



Key points discussed (administration of the project)



- Always use of the EU logo in presentation; important to acknowledge European Commission and Horizon 2020 program in communications.
- General obligation to maintain confidentiality in project to protect results
- Ethics appraisals concern all H2020 funded activities
- Each partner will deliver quarterly reports on local communication activities to the CD coordinator
- Each partner is responsible for the translations of CD materials into local language
- Each partner needs to contribute to general communication activities

Next steps

- Set a date for the first SC meeting in May 2021
- WP1/6 will set up RECETAS Google Drive, email, listserv
- Governance structure proposed to form two separate committees to guide the work- Steering Committee and Executive Board
- Each site should identify someone in charge of communications
- Each site should identify someone in charge of finance
- Each site welcome to join Slack



3. Annex I - Agenda

RECETAS 1st Consortium Meeting

Session	Day	Time
1	April 12, 2021	06:00 - 07:30h MDT 07:00 - 08:30h ECT 08:00 - 09:30 EDT 14:00 - 15:30h CEST 22:00 - 23:30h AEST
Session	Day	Time
2	April 13, 2021	07:00 - 11:00h MDT 08:00 - 12:00h ECT 09:00 - 13:00h EDT 15:00 - 19:00h CEST 23:00 - 03:00h AEST

Session 1 | Detailed agenda

06:00 MDT; 07:00 ECT; 08:00 EDT; 14:00 CEST; 22:00 AEST

14:00 CEST	Jill Litt, <i>ISGlobal</i>	Opening remarks: the year ahead and goals for this Consortium	10'
14:10h	All partners	Partner introductions	40' <i>{3' per partner}</i>
14:50h	Marta Pahissa, <i>DKV Seguros</i>	Keynote speech	15'
15:05h	All invited	Gather.town social meetup	25'

07:30 MDT; 08:30 ECT; 09:30 EDT; 15:30 CEST; 23:30 AEST



Session 2 | Detailed agenda

07:00 MDT; 08:00 ECT; 09:00 EDT; 15:00 CEST; 23:00 AEST

15:00h CEST	Danielle Varda, <i>Visible Network Labs</i>	Opening remarks, guest speaker “What is network science?”	15’
15:15h	Jill Litt, Ashby Lavelle Sachs, <i>ISGlobal</i>	Work package 1 overview: Project Management: RECETAS governance structure, consortium agreement, meeting plans, and financial reporting	20’+5’ (Q)
15:40h	Gabriela Garcia, <i>University of Cuenca</i>	Work package 3 overview: Co-create NBSP menu and test intervention feasibility	10’
15:50h	Laura Coll Planas, <i>FSIE-UAB</i>	Work package 4 overview: Evaluate NBSP through intervention studies	10’
16:00h	Ursula Rochau, <i>UMIT</i>	Work package 5 overview: Evaluate the benefit-harm and cost-effectiveness of NBSP strategies	10’
16:10h	Alice Cucchiaro, <i>AViTeM</i>	Work package 6 overview: Translation of evidence for decision making and local action: communication and dissemination	15’
16:25h		Short break	15’
16:40h	<i>Visible Network Labs</i>	VNL workshop on work package 2, partner survey	60’+5’
17:45h		Short break	15’



Session 2 (cont.) | Detailed agenda

18:00h	Joana Porcel, <i>ISGlobal</i>	Work package 8 overview: Ethics Requirements	10'
18:10h	Paola Garbarino, <i>Aketh</i> John Kenley, <i>Cambridge Investments</i>	Work package 7 overview: Exploitation and commercialization	20'
18:30h	Carolyn Daher, <i>ISGlobal</i>	Consortium communication	10'
18:40h	Ashby Lavelle Sachs, <i>ISGlobal</i>	Introduction to using Slack	10'
18:50h	Jill Litt, <i>ISGlobal</i>	Next meeting + close	15'

11:00 MDT; 12:00 ECT; 13:00 EDT; 19:00 CEST; 03:00 AEST



4. Annex II – List of Participants

Name	Surname	Institution	Country
Ashby	Sachs	ISGLOBAL University of Colorado, Boulder	Spain, USA
Laura	Hidalgo López	ISGLOBAL	Spain
Carolyn	Daher	ISGLOBAL	Spain
Jill	Litt	ISGLOBAL University of Colorado, Boulder	Spain, USA
Tommaso	Legnaioli	ISGLOBAL	Spain
Mireia	Gascón	ISGLOBAL	Spain
Lidia	Segura Garcia	Agència de Salut Pública	Spain
Joan	Colom Farran	Agència de Salut Pública	Spain
Cristina	Casajuana	Agència de Salut Pública	Spain
Sergi	Blancafort Alias	UAB (Universitat Autònoma de Barcelona)	Spain
Alexandre	Domingo	UAB (Universitat Autònoma de Barcelona)	Spain
Laura	Coll-Planas	UAB (Universitat Autònoma de Barcelona)	Spain
Marta	Roqué	UAB (Universitat Autònoma de Barcelona)	Spain
Alice	Cucchiario	AVITEM (Agence des Villes et Territoires Méditerranéens)	France
Carla	Rasera	AVITEM (Agence des Villes et Territoires Méditerranéens)	France
Stefano	Audifredi	AVITEM (Agence des Villes et Territoires Méditerranéens)	France
Agathe	Laforêt	AVITEM (Agence des Villes et Territoires Méditerranéens)	France
Richard	Kimberlee	UWE Bristol (University of the West of England Bristol)	UK
Sarah	Bekessy	RMIT University (Royal Melbourne Institute of Technology)	Australia



Katherine	Johnson	RMIT University (Royal Melbourne Institute of Technology)	Australia
Nevelina	Pachova	RMIT University (Royal Melbourne Institute of Technology)	Australia
Iva	Holmerova	Gerontologické centrum	Czech Republic
Alzbeta	Bartova	Gerontologické centrum	Czech Republic
Dostálová	Vladka	Gerontologické centrum	Czech Republic
Michal	Karl'a	Gerontologické centrum	Czech Republic
Iff	Kolářová	Gerontologické centrum	Czech Republic
Zuzanna	Warso	Trilateral Research	Poland
Gabriela	Garcia	Universidad de Cuenca	Ecuador
Fausto	Cardoso	Universidad de Cuenca	Ecuador
Paola	Jarammillo	Universidad de Cuenca	Ecuador
Albert	Rojas Garcia	Universidad de Cuenca	Ecuador
Jorge	Amaya Ruiz	Universidad de Cuenca	Ecuador
Alicia	Tenze	Universidad de Cuenca	Ecuador
Ursula	Rochau	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Uwe	Siebert	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Annette	Conrads-Frank	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Petra	Mösl	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Elisabeth	Havasi	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Anu	Jansson	VTKL (Finnish Association for the Welfare of Older People)	Finland
Kaisu	Pitkala	UH (University of Helsinki)	Finland
Danielle	Varda	VNL (Visible Network Labs)	USA



Amanda	Beacom	VNL (Visible Network Labs)	USA
Kaley	Feenstra	VNL (Visible Network Labs)	USA
Stéphanie	Gentile	AP-HM (Assistance Publique - Hôpitaux de Marseille)	France
Alexandre	Daguzan	AP-HM (Assistance Publique - Hôpitaux de Marseille)	France
Lucie	Cattaneo	AP-HM (Assistance Publique - Hôpitaux de Marseille)	France
Paola	Garbarino	Aketh	Spain
John	Kenley	Bainbridge Investments	UK
Marc	Caballero	Notus: Applied Social Research	Spain
Celia	Santos	ISGLOBAL	Spain
Joana	Porcel	ISGLOBAL	Spain
Arantxa	Sarrà	ISGLOBAL	Spain
Laura	Viñas	ISGLOBAL	Spain
Axel	Timpe	European Commission	
Felicitas	Kühne	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Igor	Stojkov	UMIT (University for Health Sciences, Medical Informatics and Technology)	Austria
Marta	Pahissa	DKV Seguros	Spain

