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Topic: SC1-BHC-29-2020

Type of Action: RIA

Project Acronym: **RECETAS**

Project Title: **Re-imagining Environments for Connection and Engagement: Testing Actions for Social Prescribing in Natural Spaces**

Grant Agreement: 94095



D.2.2- Public Facing Survey Platform

DOCUMENT CONTROL	
Deliverable No.	2.2
Related WP	WP2
Related Task	D 2.2 Public-facing data system that will hold the network data collected, support analysis, reports, filter/query [D6]
Deliverable Title	Public Facing Survey Platform
Deliverable Date	February 28, 2022
Deliverable Type	Report
Dissemination level	Public
Author(s)	Visible Network Labs
Reviewed by	
Approved by	
Status	

Subject: RECETAS Dashboard Access

Dear Member of [RECETAS Project Site],

We are excited to share two reports on the results of our Survey on Improving Health and Well-Being Through Social Prescribing and Nature. The first report presents aggregate-level data about the entire RECETAS [Project Site] network and is attached here.

The second, shorter report presents a snapshot of individual-level data about your organization's role and relationships within the larger network. You may access this report online, through the RECETAS Dashboard following the instructions below:

1. Click on this link: [Link Inserted]
2. When prompted, enter either your first and last name or your email address. (If that doesn't work, and you are not the person in your organization who was originally invited to complete the network survey, enter that original person's name or email address.)
3. On the next screen, click on the green button on the right that reads, "View Member Profile"
4. When viewing your profile, you have the option to download a PDF copy for your records. Click on the "Save as PDF" at top right to do so.



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Network science offers an evidence-based approach to building networks, providing the data needed to design effective network strategies and measure progress over time. There are two levels of network data: aggregate-level data about how the overall network functions and individual-level data about how each organizational member of the network interacts with others in the network. Below is your organization's Personal Profile, which provides you with information about your organization, how you fit within the whole network, and some questions to consider as you look at the data.

VisibleNetworkLabs



The Finnish Association for the Welfare of Older People (VTKL)
PRIMARY CONTACT
Meeri Falck

EMAIL
meeri.falck@vtkl.fi

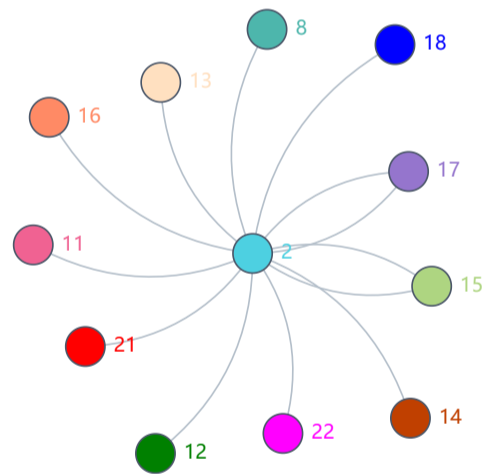
Understanding your Network Maps

In a network map, people and organizations are visualized as circles (called "nodes"), and their relationships are visualized as lines. An identifying label appears next to each node. (For a key to these labels, please see your aggregate-level network report.) The map on the left displays your organization at the center, and all the organizations with whom you reported having a relationship are radiating out from you. Use your mouse to zoom in out on your network map on the left. The map on the right displays the entire network.

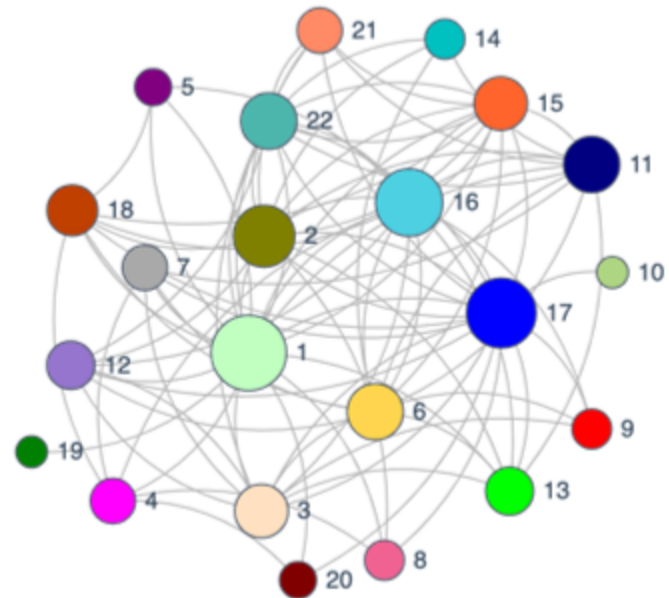
Questions to consider:

Organizations and people have limited relationship budgets. How do you feel about the size and comparison of your personal network? Would additional relationships provide benefit to your organization? Are there certain types of organizations with which you want to invest more or less collaborative time?

Ego Map



Whole Network Map



Programs to Address Mental Health, Wellness & Loneliness

QUESTION 5

Which of the following types of programs or services does your organization engage in to address mental health, well-being, or loneliness, if any? (Choose all that apply)

Expertise, knowledge-sharing, or consulting
 Research or evaluation
 Public awareness or media campaigns
 Systems building or development of partnerships or coalitions
 Advocacy or policy change
 Education, training, or professional development

Nature-based Solutions

QUESTION 7

Which of the following solutions in nature, natural spaces, or activities in natural space does your organization use to address mental health, well-being, and loneliness, if any? (Choose all that apply)

Animal watching
 Built environments
 Community gardens
 Farmer's markets
 Forest bathing
 Green infrastructure
 Green space
 Nature walks and/or cycling
 Outdoor recreation
 Outdoor sports

Nature-based Solutions Adopted in City

QUESTION 9

To what extent have nature-based solutions* to address mental health, well-being, or loneliness been adopted by people in your city?

*Solutions involving natural spaces and activities in natural spaces. For example, solutions such as building green infrastructure and engaging in social activities in nature (community gardens, group excursions in nature, forest bathing).

A fair amount

Your Organization's Barriers & Challenges

QUESTION 11

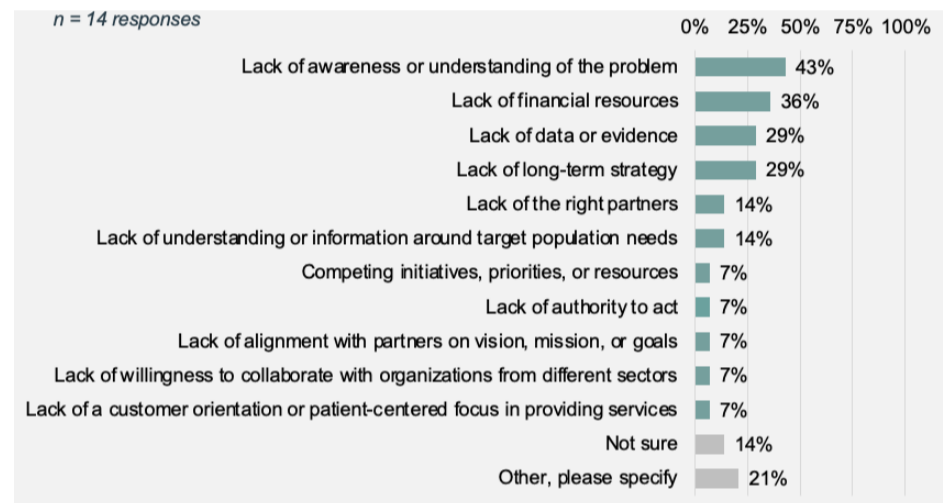
What are the greatest barriers or challenges currently hindering your city's progress in addressing mental health, well-being, and loneliness through nature-based solutions*? (Choose up to 3)

*Solutions involving natural spaces and activities in natural spaces. For example, solutions such as building green infrastructure and engaging in social activities in nature (community gardens, group excursions in nature, forest bathing).

Lack of alignment with partners on vision, mission, or goals
 Lack of awareness or understanding of the problem
 Lack of understanding or information around target population needs

The Network's Barriers & Challenges

43% of the survey respondents selected lack of awareness or understanding of the problem among barriers or challenges, followed by lack of financial resources (36%), lack of data or evidence (29%), and lack of long-term strategy (29%).



The Impact of COVID-19 on Your Organization

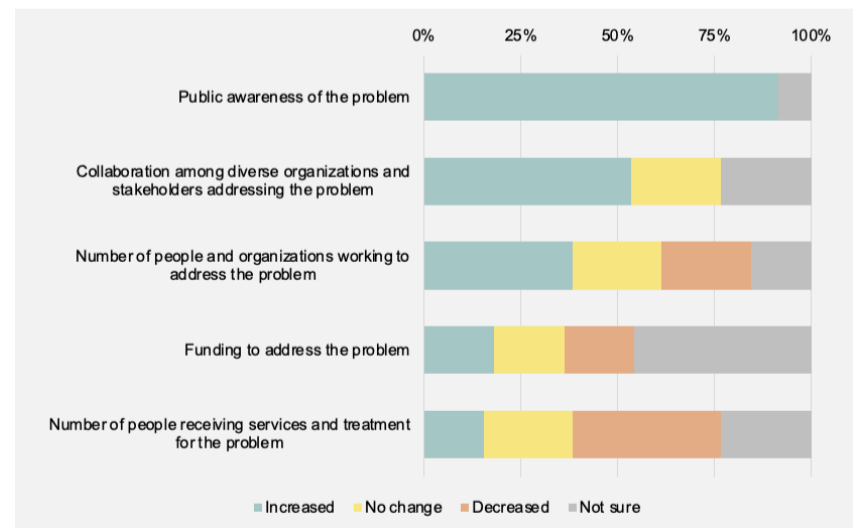
QUESTION 12

How has the COVID-19 pandemic affected your community's progress in addressing mental health, well-being, and loneliness? (Choose only one, and use the scroll bar if needed to view all options)

Question	Answer
Public awareness of the problem	Increased
Number of people and organizations working to address the problem	Decreased
Collaboration among diverse organizations and stakeholders addressing the problem	Not sure
Number of people receiving services and treatment for the problem	Decreased
Funding to address the problem	Not sure

The Impact of COVID-19 on The Network

Most respondents believe that the COVID-19 pandemic increased public awareness of the problem of mental health, well-being, and loneliness. However, respondents are more split on how the pandemic affected funding, the number of people and organizations working to address the problem, and the number of people receiving services and treatment.



Takeaways

1. The most used nature-based solutions by respondent organizations in Helsinki include nature walks and/or cycling (86%), outdoor recreation (79%), forest bathing (71%), and green space (71%).
2. The network believes that the greatest barrier or challenge that is currently hindering Helsinki's progress in addressing mental health, well-being and loneliness through nature-based solutions is lack of awareness or understanding of the problem (43%).
3. The COVID-19 pandemic has increase public awareness in Helsinki of the problem of mental health, well-being and loneliness.